

|                          |                                                                                                                             |                                  |             |  |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------|--|
|                          | <div style="text-align: center;">  </div> |                                  |             |  |
|                          | <b>POLICY</b>                                                                                                               |                                  |             |  |
|                          | <b>INFECTION CONTROL MEASURES</b>                                                                                           |                                  |             |  |
| Document No. POL/HSE/050 | Rev:02                                                                                                                      | Date Of Issue: 16 September 2024 | Page 1 of 2 |  |

**Purpose/ Scope:** To control, prevent or stops the spread of infections, measures implemented to minimize the transmission of infections and maintain a clean environment.

**Policy statement:**

**A. Steps:**

- Use standard precautions and infection control technique in all situations
- These include standard precautions (hand hygiene, PPE, injection safety, environmental cleaning, and respiratory hygiene/cough etiquette) and transmission-based precautions (contact, droplet, and airborne)
- *Hand washing:*
  - i. Follow the recommended method, the use of liquid soap, warm water and paper towels.
  - ii. Always wash hands after using the toilet, before eating or handling food and after clinical procedure
  - iii. Cover all cuts and abrasions with waterproof dressings is one of the most important ways of controlling the spread of infections
- *Coughing and sneezing etiquette:*
  - i. Cover mouth and nose with a tissue while coughing or sneezing
  - ii. Dispose the used tissues in the trash/ assigned bin
  - iii. Cough or sneeze into elbow, not your hands when tissue is not available
- *Use PPE (Personal protective equipment)*
  - i. Gloves: To be used to protect hands from blood and other body fluids.
  - ii. Eye protection to be used if the individual is bleeding, protect the eyes from blood and other body fluids.
  - iii. Mask to prevent and protect from transmission respiratory infection
- *For unanticipated skin contacts*, hand and all other affected skin should be washed with soap and running water as soon as possible. The local procedure for blood and body fluid exposure should be followed
- *Waste disposal:* Refer to Hazardous waste management, medical waste storage and disposal HC policy

|                          |                                                                                    |        |                                  |             |
|--------------------------|------------------------------------------------------------------------------------|--------|----------------------------------|-------------|
|                          |  |        |                                  |             |
|                          | <b>POLICY</b>                                                                      |        |                                  |             |
|                          | <b>INFECTION CONTROL MEASURES</b>                                                  |        |                                  |             |
| Document No. POL/HSE/050 |                                                                                    | Rev:02 | Date Of Issue: 16 September 2024 | Page 2 of 2 |

#### Appendix – Amendment History & Authorisation

| Revision No | Description of Change                                                                       | Issue Date        | Authorised By |
|-------------|---------------------------------------------------------------------------------------------|-------------------|---------------|
| 00          | First Issue                                                                                 | 23 Feb 2021       | Director      |
| 01          | Replace the Centre's logo in All QMS documents Except HR, Accounts and SCR Documents.       | 16 March 2021     | Director      |
| 02          | Replace the Centre's logo in All QMS documents Except HR, Accounts, SCR, FM & IT Documents. | 16 September 2024 | Director      |